



Comprehensive Care Center

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Glucose Test Instructions

(1 Hour)

Refrigerate the glucose before drinking it.

You may eat and drink normally before drinking the glucose drink. For the most accurate results, please limit the amount of sugars you consume before the test.

Drink the glucose drink within a 5 minute time period.

Drink the glucose drink 1 hour prior to your appointment time and arrive at least 15 minutes before the hour is up. We must draw your blood EXACTLY 1 HOUR after you drink the glucose. The hour begins when you have finished drinking the glucose. If you are late, you may need to repeat this test at a later date.

DO NOT eat or drink anything during that hour.

When you arrive for your appointment please inform the front desk when you finished drinking the glucose drink.

If your blood glucose is too high, you will be given a prescription to take to your lab for a 3 hour glucose test, which will be performed at the lab of your choice.